

Recreation & Sports



Get out and get active! From nursing homes to nature preserves these opportunities will get you moving. If you're looking for a bit more action in your community activities, check out these opportunities.

BELL TRACE HEALTH AND LIVING CENTER

725 Bell Trace Circle 47408
323-2858
www.belltrace.com

Volunteer Contact: Kira Shemesh **Minimum Age:** 16
Email: bthlact@cardon.us

A for-profit, full service nursing home facility with skilled and dementia care.

* Volunteers are needed at this for-profit facility from 10 - 11 am or 2 - 4 pm any day of the week to hang out with the residents, read to them, and play card games and Bingo with them. Also needed are volunteers to help with special events such as holiday parties, band concerts and carnivals (please call for dates and times).

BELL TRACE SENIOR LIVING COMMUNITY

800 Bell Trace Circle 47408
332-2355

Volunteer Contact: Susan Wensel **Minimum Age:** 16
Email: swensel@cardon.us

A for-profit, full-service living community with residential cottages and apartments for senior adults.

* Teens can interact with residents on a one-on-one basis. Assist with card games, Bingo and reading. Flexible schedule.

BEVERLY HEALTHCARE OF BLOOMINGTON

155 E. Burks Dr. 47401
332-4437
www.beverlycares.com

Volunteer Contact: Joanne Shank **Minimum Age:** 16
Email: joanne_shank@beverlycares.com **w/Parental Supervision:** 12

A for-profit nursing home with about 130 residents that makes

extensive use of volunteers as friendly visitors.

* Regular visitors are sought, as well as volunteers who will share their talents, particularly entertainers and pianists. Volunteers also needed for special occasions, such as holiday parties and one-time events.

BLOOMINGTON HOSPITAL BLOOMINGTON HOSPITALITY HOUSE

1100 S. Curry Pike 47403
353-3065

www.bhhs.org/health/hs_longterm_bloom.php4

Volunteer Contact: Alicia Limberry **Minimum Age:** 18
Email: alimberry@bloomhealth.org **w/Parental Supervision:** 16

A rehabilitation and long-term care facility.

* Be an Alzheimer's Recreation Assistant. Volunteers provide assistance with planned group activities, one-on-one visits, pet visits, taking walks, gardening, cooking, Bible study, etc. Schedule flexible. Experience in art, music or religious activities welcome; previous experience working with persons with Alzheimer's disease an asset, but not required.

BLOOMINGTON NURSING AND REHABILITATION CENTER

120 E. Miller Dr. 47401
336-1055

Volunteer Contact: Margie Brown **Minimum Age:** 16
Email: mwilkerson@techcarecorp.com

Provides 24-hour skilled nursing as well as rehabilitation services. Encourages psychosocial well being by caring staff aimed at restoring health and enhancing quality of life for residents.

* Help out with recreational programming, reading books, magazines and newspapers to the residents, storytelling and other activities.

Recreation & Sports

BOYS AND GIRLS CLUB

Lincoln St. Unit
311 S. Lincoln St. 47401
332-5311
www.bloomingtonboysandgirlsclub.org

Crestmont Unit
1108 N. Summit St. 47404
336-6501
www.bloomingtonboysandgirlsclub.org

Volunteer Contact: Sarah Ward (Main Club) or Hannah Brewer (Crestmont Club)
Email: bgclub@bloomington.in.us

Minimum Age: 14

An afterschool, summer and nonschool day program for boys and girls ages 6-18 with a variety of age appropriate programs to meet every youth's needs.

* Share your knowledge of a particular skill in sports, dance, cooking, art, music, cheerleading, group clubs or be a tutor/men-tor.

CITY OF BLOOMINGTON PARKS AND RECREATION DEPT.

401 N. Morton St., Ste. 250 47404
349-3739
www.bloomington.in.gov/parks

Volunteer Contact: Kim Ecenbarger
Email: ecenbark@bloomington.in.gov

Minimum Age: 15
w/Parental Supervision: 12

Provides comprehensive programs that encompass educational, cultural, recreational, intergenerational, health and leadership opportunities. Contact Kim Ecenbarger to receive a "Volunteer Opportunities" brochure or the "Volunteer Opportunities" bi-weekly email.

* Whether it's helping kids at an event or getting involved in environmental projects, teen volunteers are important. Students can build support for resumes or scholarship applications, and volunteering with groups or student organizations emphasizes the value of community. Service opportunities during Fall/Winter season include: Pumpkins in the Park, Garden Days, Skate and Scare, Trail Beautification, Trick or Treat Trail, Skate with Santa, Holiday Market, After School Adventure, Park Beautification, Fall Tree Planting.

COMMUNITY BIKE PROJECT

214 N. Madison 47404
330-8206
www.bloomington.in.us/~bikeproj

Volunteer Contact: Lance Thurner
Email: lancethurner@yahoo.com

Minimum Age: 13
w/Parental Supervision: 10

Repairs donated bicycles for people in need, and teaches people bicycle repair and maintenance at workshops.

* Repair bikes which have been donated and which will be given to those in need or sold to benefit the program. Volunteers do not need extensive knowledge; there is always a way to help the project. Assistance is needed also with Web page maintenance and development, community outreach, bookkeeping and shop maintenance.

GIRL SCOUTS - TULIP TRACE COUNCIL

PO Box 5485, 5596 E. State Rd. 46 47407
336-6804
www.tuliptrace.org

Volunteer Contact: Autumn Butler
Email: gscouts@tuliptrace.org

Minimum Age: 14

The Girl Scouts locally link over 4,000 girls, ages 5-17, with adult role models in working partnerships, which stimulates self-discovery, provides fun and friendship, helps develop skills and builds self-confidence.

* Help out with projects and activities as well as basic office work. Duties range from office tasks such as filing and mailings to craft preparation and special projects. Young men and women welcome!

IU DIVISION OF RECREATIONAL SPORTS

1601 Law Lane 47405
855-7771
www.recsports.indiana.edu

Volunteer Contact: Rachel Westberg
Email: rwestber@indiana.edu

Minimum Age: 16

Sponsors a free monthly "Family Night," an evening of fun that brings the university and the community closer together and encourages the use of the Division's facility.

* Assist from 6-9 pm at the Student Recreational Sports Center (SRSC). Volunteers help set up and run fun recreational programs for children and families. Contact the facility for a schedule of upcoming events.

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MIDDLE WAY HOUSE and the RISE! (Middle Way's transitional living program)

PO Box 95 47402-0095
333-7404

www.bloomington.in.us/~mwhouse

Volunteer Contact: Colleen Yaekle
Email: mwhouse@bloomington.in.us

Minimum Age: 16
w/Parental Supervision: 14

Provides safe shelter for women and their dependent children who are fleeing abusive relationships. Also provides legal advocacy and other supportive services to assist the women in rebuilding their lives.

* Volunteer programs range from grocery shopping and donation sorting, to daycare help and tutoring. All volunteers must attend an 8-hour domestic violence training. Youth under 16 must attend with a parent or guardian. (High School Community Service Class participants can earn class credit for their volunteer hours.)

MONROE COUNTY YMCA

2125 S. Highland Ave. 47401
332-5555 ext. 251

www.monroecountyyymca.org

Volunteer Contact: Kim Smith
Email: ksmith@monroecountyyymca.org

Minimum Age: 16

Strengthens our community through programs that build healthy spirit, mind and body for all.

* Volunteer Adapted Aquatic Swim Instructors will be trained to work with participants that may have physical and/or developmental disabilities with swimming, water safety, recreation and social skills. Teens can also participate as assistant youth sports coaches for soccer, flag football, basketball and gymnastics. Other teen volunteer opportunities are available in youth summer sports camps in basketball, flag football, gymnastics, golf, volleyball and baseball.

RICHLAND-BEAN BLOSSOM HEALTH CARE CENTER

5911 W. St. Rd. 46, PO Box 537 Ellettsville IN 47429
876-6400

www.medicalrehab.com/LTC/rbb.htm

Volunteer Contact: Jessica Salyers
Email: jessica@rbbhcc.com

Minimum Age: 14

A long-term, skilled care facility that provides quality care and a high quality of life in a friendly, clean, home-like environment.

* Teen or adult assistants needed, including quilters, banjo, fiddle and piano players, euchre players, party planners, field trip and Adopt-a-Grandparent volunteers, and people to pay one-on-one visits with the residents.